



Application Journal

Use this Application Journal to capture the new approaches and behaviors you are using on the job and how those changes are impacting the attitudes, behavior, and performance of your workgroup. Your manager and HR Department will appreciate knowing how the training has impacted your team/department. This is a fillable PDF, so you can complete it digitally, or print it and complete it by hand. Once completed, send a copy to your manager and/or HR or L&D Department.

Your Name: _____ Date: _____

Topic: _____

These are the new or changed actions/behaviors I applied on the job. List items you started doing, stopped doing, or communicated to others. You may want to refer to your Putting Ideas into Action pages of your workbook.

These are the results I observed in terms of employee attitude, behavior, and performance:
